

ZEKE'S FUN AT HOME ACTIVITY CORNER

April 29 2020

Dear Zoo-Friends,

This week's playful lessons will celebrate **Helping Hands!** Let's look at **super-heroes vs. real people heroes.** The concept is the same. Helping, rescuing, being kind. Talk to your child about all the ways you as a family can help others, not just this week or just during this crisis. How can this become a life-style?

- 1) **Zoo-phonics:** Signal and sound the "a – z's" every day. Older children can practice their word list. Signal and sound! For older children, review the word list. Play board games with your older child's word list. Did you know that you can use the games *Sorry!* and *Shoots and Ladders* to practice the word list? Just write the words on index cards or paper (cut up) and place the stack on the gameboard. As you stop at various places, take a word to Signal, sound, read, spell and use! (See below for a Zoo-phonics maze game.)
- 2) **Art/Music:** While listening to something from Bach today (so soothing), you and your child can make a poster listing all the things you can do to help others.
 - a) Rescue an animal. If you can't bring him/her home, support it!
 - b) Bring cookies or groceries to an elderly person. Talk with him or her. That's what they need most.
 - c) Pick up trash in an empty lot. Plant a tree or some flowers. (Remember Earth Week?)
 - d) Mow the neighbor's lawn or stack their wood if they can't do it themselves.
 - e) Share seldom-used toys (or treasures) with other children.
 - f) Create cards for the elderly, veterans, children and others in hospitals. What about notes of thanks to the health care workers in your local hospital? Reproduce for more hearts to be touched!

Take a picture of your poster and send it to Zoophonia so we can post it on our website!



Pay It Forward! Have you noticed that people are treating others to food and beverages in food "drive-throughs" a lot lately? Talk about this with your child and then treat someone else, if you haven't already!

- 3) **Recreation:** Let's MOVE today. Call out these movement words: **Run, jump, gallop, hop, skip, lumber, amble, slither, crawl, roll,** etc. After 30 seconds or so, call out, "Freeze!" Your child has to stop all movement and hold his/her body exactly where it is. Now "unfreeze" and call out another movement word. *Now reverse:* The child calls out the movement words for mom, dad and siblings!



Here's a Funny Animal Joke: What do you call 2 octopuses that look exactly the same? "Icten-tical." (Get it? Identical? Icten-tical.....hahahahahahahahahahah! <https://thoughtcatalog.com/january-nelson/2018/09/funny-animal-jokes/>)

helpful



