

Dear Zoo-Friends,

This week's playful lessons will to celebrate **Helping Hands!** During hard times, children need to learn that there are always kind people that help others, even if it costs them time and money. In fact, CHILDREN have done amazing things to help others. We'll take a look at this subject through our **S.T.R.E.A.M.S.** format. Every day we'll send home two activities (for all ages) to enjoy.

- 1) **Zoo-phonics:** Signal and sound the "a z's" every day.
- 2) Literature: Read a wonderful literature book aloud every day! Here are two wonderful books. One is free on Kindle. *My Hands Were Made For Helping* by Jacquelyn Stagg. The other is *Have You Filled a Bucket Today?: A Guide to Daily Happiness for Kids* by Carol McCloud and David Messing.
- 3) Social: Talk to your child about helping others who might be hurting in some way, especially during this time. Perhaps you have an elderly neighbor who is lonely, sick, or needs help in some way. What can you and your child do to brighten their day? We especially need to be careful with elderly, so keep your distance, wear your mask if you have one. Your act of kindness can make their day!
  - a) Can you bake him or her some cookies?
  - b) Can you bring the newspaper off the street and put it on his/her doorstep? Include a note or draw a picture!
  - c) Can you help bring out his/her trash cans on trash day?



DID YOU KNOW? Steven Burgess, a 7-year-old boy, ran a mini-marathon (37,000 steps) in his own backyard to raise money for food banks and missions in his community. He made \$1500! <a href="https://abc11.com/coronavirus-nc-covid-19-case-coroanvirus-update-thank-you-helpers/6092470/">https://abc11.com/coronavirus-nc-covid-19-case-coroanvirus-update-thank-you-helpers/6092470/</a>